

## PM Modi brings home Indian *Mūrtis* from the US



Bhubaneswar/New Delhi: Indian Prime Minister Narendra Modi after completing his historic trip for UN General Assembly, bilateral summit with President Joe Biden and Quad summit, has brought home 157 artefacts and *Mūrtis* that were handed over by the United States.

This comes as PM Modi and President Biden committed to strengthen their efforts to combat the theft, illicit trade and trafficking of

cultural objects.

The list of 157 artefacts includes a diverse set to items ranging from the one and a half metre brass relief panel of Revanta in sandstone of the 10th CE to the 8.5cm tall, exquisite bronze Nataraja from the 12th CE. Some 45 antiquities belong to Before Common Era. More than 70 items are cultural artifacts, there are 60 figurines related to Hinduism, 16 related to Buddhism and nine Jainism artifacts.

## Pakistan is 'arsonist' disguising itself as 'fire-fighter': India at UNGA

Bhubaneswar/New Delhi: Pakistan, where terrorists enjoy free pass, is an "arsonist" disguising itself as a "fire-fighter", and the entire world has suffered because of its policies as the country nurtures terrorists in its backyard, India has said in a blistering retort after Prime Minister Imran Khan raked up the issue of Kashmir in his address to the UN General Assembly.

"We exercise our Right of Reply to one more attempt by the leader of Pakistan to tarnish the image of this august Forum by bringing in matters internal to my country, and going so far as to spew falsehoods on the world stage," First Secretary Sneha Dubey said in the UN General Assembly.

In the Right of Reply, Ms. Dubey strongly

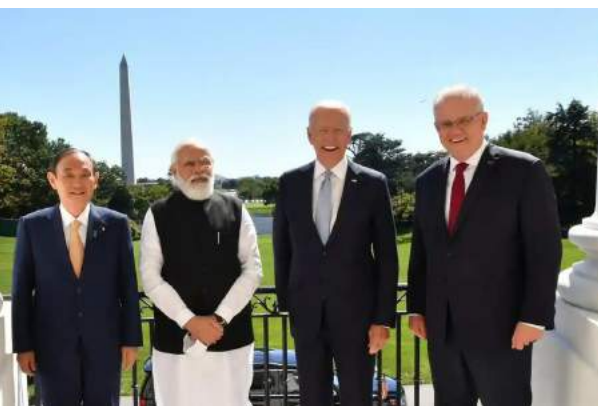
reiterated that the entire Union Territories of Jammu & Kashmir and Ladakh "were, are and will always be an integral and inalienable part of India. This includes the areas that are under the illegal occupation of Pakistan. We call upon Pakistan to immediately vacate all areas under its illegal occupation." Mr. Khan and other Pakistani leaders and diplomats have consistently raked up the issue of Jammu and Kashmir and other internal matters of India in their addresses to the UN General Assembly and other forums of the world organisation.

Highlighting that minorities in Pakistan — the Sikhs, Hindus, Christians— live in constant fear and state sponsored suppression of their



rights, he said, "this is a regime where anti-Semitism is normalised by its leadership and even justified.

## With Boost to Manufacturing and FDI, India is the Winner at Quad



Bhubaneswar/New Delhi: Leaders of the United States, Japan, India and Australia have met together for the first time in-person at the Quad summit and agreed to cooperate on fields such as COVID-19 vaccines, supply chains, clean energy and space. India is the winner from this meeting in two ways.

First, Prime Minister Narendra Modi continues to be treated like a "movie star" in the West and he set the calm tone for this meeting when he said Quad will be a "force for global good". Second, India is the big winner, with Australia in second place, from the supply chain discussions, giving a major boost to India's push for manufacturing.

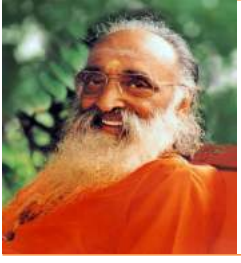
The ramping up of the Quad grew out of a realisation among the four countries of their almost complete dependence on China for critically important supplies. The focus of the supply chains initiative is for India to be the major manufacturing hub, Australia to provide resources and skills training with the US and Japan providing technology innovations and the key element of investment. FDI (foreign

direct investment) will increase in India as one indirect outcome of the Quad.

Australia becomes important to the Quad countries for future supplies of rare earth minerals, widely used in rechargeable batteries, clean energy and more. Right now, China provides 80 per cent of the rare earth minerals on the globe.

Prime Minister Modi sent a strong signal of India's non-alignment to the Quad. Modi and India are not taking sides against China. This meeting is a reassuring sign that the Quad will not become another security and defence alliance—it can achieve more positive outcomes as a relatively loose grouping of countries with a shared interest.

## EDITORIAL



“Faults become thick when love is thin.”

Swami Chinmayananda



“There is no failure in life. There are only varieties of experiences. We learn from these experiences.”

Swami Dayananda Saraswati



“Where there is righteousness, patience and courage, there is success; and one is bound to get it.”

Swami Ananda Saraswati

## Tough questions staring at medicos

वैद्यराज नमस्तुभ्यं यमराज सहोदरम् ।

यमस्तु हरति प्राणान् वैद्यः प्राणान् धनानि च ॥

*vaidyarāja namastubhyaṃ yamarāja sahodaram.*

*yamastu harati prāṇān vaidyaḥ prāṇān dhanāni ca..*

*Salutations to the doctor, who is a brother of Lord Yama (God of Death). While Yama only takes our life, a doctor takes both money and life.*

The above is a jocular saying in Sanskrit. This saying has unfortunately now become a reality in our life. In India and many other cultures, doctors are considered as a second God. Prime Minister Narendra Modi recently called doctors as “Gods in white coats” when discussing Covid-19 treatment in India. The Gujarat high court on Aug 2020 said that doctors are the personification of Gods on earth, when appreciating the services rendered by the medical fraternity during the Covid-19 pandemic.

The trend of making money at any cost, even by unethical means has become commonplace in almost every field today. In India, multiple TV channels were included in an FIR filed by Mumbai Police for fraudulently inflating their TRP ratings. Similarly, in November 2020, CBI registered cases for land grab of Rs.25000 crore by wealthy and people in position of power by misusing acts that give government land to landless people in Jammu and Kashmir. Similarly, in 2020, a payment services company named Wirecard based out of Germany, was found to be missing \$2 billion in cash assets, caused by accounting fraud.

Even though unethical approach has permeated every aspect of our life, doctors have always been respected and are supposed to have principles. However, doctors have gone the other way around. In India for example, there have been multiple allegations that hospitals unnecessarily keep patients who die during treatment “alive” for a few extra days to extract treatment fees from the family. In other words, they don’t mind to serve dead people. During the Covid-19 pandemic, a number of private hospitals were alleged to have declared incoming patients with an active Medical insurance as “Covid positive”, irrespective of the patient results.

Unfortunately, this approach is not only limited to a few hospitals. During the Covid-19 pandemic, a number of front line doctors across the world treating Covid-19 found that a drug named Ivermectin was effective in reducing the duration of the infection, and its infectiousness. This drug is used to treat parasitic infections, and has been in use for more than forty years. Nearly 3.8 billion (380 crore) patients have been treated with this drug during this period, with an average of only 160 adverse events reported per year. This drug is said to have a better safety record than several vitamins. They also conducted a randomized, controlled, double blinded trial study from May 2020 to Jan 2021 to evaluate the effectiveness of Ivermectin. Nearly 72% of volunteers treated with Ivermectin tested negative for the virus by day six. In contrast, only 50% of those who received a placebo instead, tested negative during this period. Also, they found that 13% of Ivermectin patients were infectious after six days, compared with 50% of the placebo group – almost four times as many. These doctors therefore recommended adding Vitamin-D along with Ivermectin to Covid-19 treatment. It is estimated that Covid-19 can be treated with less than \$1/day using Ivermectin.

However, the WHO did not consider the results of these findings till 2021. Initially, WHO recommended against using this drug saying that “the drug manufacturer of this drug does not recommend it for Covid-19”. The latest WHO announcement says that its verdict is “inconclusive”. Based on WHO’s recommendations, a number of hospitals throughout the world were actively pushed to not use Ivermectin for Covid-19 treatment. The Federal Drugs Administration (FDA) of the USA, ran an active campaign against using this drug on Twitter and other platforms, without considering the study results. A number of pharmacists in the US have been pressurized to not provide this drug to patients, even with a doctor prescription.

If Ivermectin could have indeed improved Covid-19 treatment, why did the WHO not do a comprehensive study sooner on its efficacy? Why did WHO push for a Vaccine instead of this safe drug, which could have saved lives? Who will take responsibility for the millions of lives that could have been saved, if this drug indeed was effective?



May Lord Vaidyanatha (King among Physicians) protect and bless us always with good physical and mental health



## Italy recognizes India's Covishield as valid Proof of Immunity during travel



Bhubaneswar: The Indian Embassy in Rome has announced that after a meeting held between the Minister of Health of India, Mansukh Mandaviya, and his Italian counterpart, Roberto Speranza, the Italian Ministry of Health has decided to recognise the Indian-made vaccine, Covishield, as valid proof of immunity.

Consequently, this means that those who have been vaccinated against

the COVID-19 disease with the Covishield vaccine can now enter Italy. Additionally, everyone immunised with the jab is now eligible to obtain the Italian Green Pass. The Italian Green Pass is an extension of the EU Digital COVID-19 Certificate, which means that Italy recognises all other equivalent passes issued by other countries, regardless if they are part of the EU or not. However, it hasn't been revealed yet what requirements will apply to those arriving from a third country.

As a result, since the Italian authorities have not made an official announcement yet, it is still unknown whether those who have been immunised with Covishield will have to follow entry restrictions, such as pre-departure testing when entering Italy.

Up until today, Italy had only recognised the vaccines approved by the European Medicines Agency (EMA) – AstraZeneca (Vaxzevria), Pfizer/BioNTech (Comirnaty), Moderna (Spikevax), Johnson & Johnson (Janssen) – meaning that only those immunised with one of the four vaccines were considered fully vaccinated when entering the country.

The Indian-manufactured Covishield vaccine is currently the most widely recognised vaccine by the EU countries. Until now, only 18 EU countries recognised Covishield. However, since Italy has joined the list, the number has increased to 19.

## Russia in sync with US, China, Pakistan on Taliban



Bhubaneswar: "Russia, China, Pakistan and the United States are working together to ensure that Afghanistan's new Taliban rulers keep their promises to form a genuinely representative government and prevent extremism from spreading", Russia's foreign minister Sergey Lavrov said. He said representatives from Russia, China and Pakistan recently traveled to Qatar and then to Afghanistan's capital, Kabul, to engage with both the Taliban and representatives of "secular authorities"- former president Hamid Karzai and Abdullah Abdullah, who headed the

ousted government's negotiating council with the Taliban.

The Taliban have promised an inclusive government, a more moderate form of Islamic rule than when they last ruled the country from 1996 to 2001 including respecting women's rights, providing stability after 20 years of war, fighting terrorism and extremism and stopping militants from using their territory to launch attacks. But recent moves suggest they may be returning to more repressive policies, particularly toward women and girls.

## US states to celebrate October as Hindu Heritage Month

Bhubaneswar: Several US states, including Texas, Florida, New Jersey, Ohio and Massachusetts, have proclaimed October as the Hindu Heritage Month, noting that Hinduism has "contributed greatly" to America through its unique history and heritage.

The proclamations came after various Hindu organisations in the US announced the addition of another major festival, an entire month of festivals, in October as the Hindu Heritage Month. The respective declarations issued recently from the office of

the governors of various states, congressmen and Senators noted, "Communities of the faith have long served as beacons of hope, sharing their beliefs and bettering their communities through service; improving and inspiring the lives of thousands of followers around the world. Hinduism has contributed greatly to our state and nation through its unique history and heritage."

The Hindu groups in America are now campaigning and striving hard for the declaration of "Hindu Heritage Month" formally by the US government.





## Pujya Sri Swami Dayananda Saraswati's Sixth Aradhana Mahotsava



Pujya Sri Swami Dayananda Saraswati's Sixth Aradhana Mahotsava happened at Arsha Vidya Gurukulam in Rishikesh on 23rd September, 2021

Sadhus from different parts of the country participated in the Aradhana Mahotsava and graced the event. Special puja was performed at Pujya Sri Swami Dayananda Saraswati's Adhishtanam followed by lecture of Sadhus.

Sanyasi disciples of Pujya Sri Swami Dayananda Saraswati were honoured by Swami



Sudhananda Saraswati. Table top calendar consisting of Pujya Swamiji's quotes was released by Sadhus.

An emergency ICU ambulance was presented to Arsha Vidya Gurukulam which will be handed over to Rishikesh AIIMS.

Hundreds of Sadhus participated in the special Bhandara event and graced the Aradhana mahotsava.

Aradhana Mahotsava happened gracefully amidst the pandemic adhering to the social distancing norms.

## The Value of Values

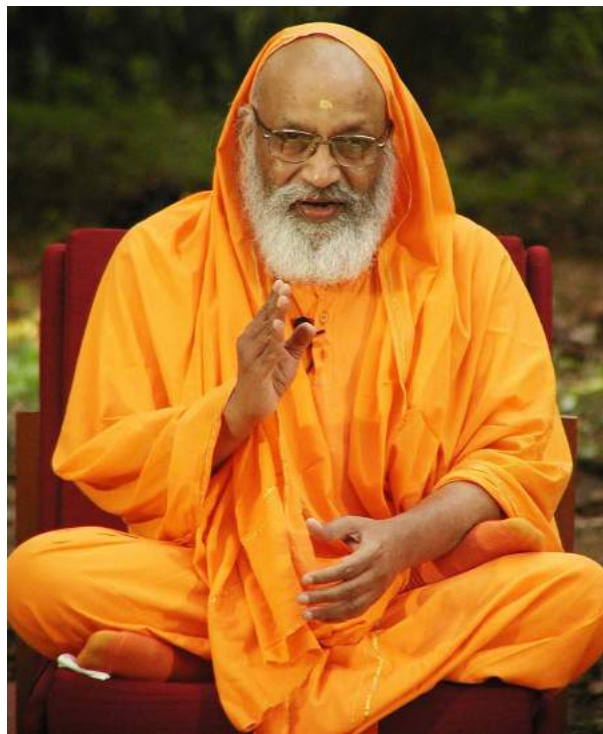
### Seeing the Value of a Value

A value, any value, universal or situational, is a value for me only when I see the value of the value as valuable to me. Me - the comfortable me - is the source of my values. I fail to follow a universal value only when I do not clearly see its value to me. I make expedient situational choices only when I think such choices will make me feel good.

Returning to the Rs. 500 gained by a small lie, what is that actual worth of that lie to me? That small lie, joining its fellows in my mind, would cost me my life (my comfortable self). The extra comforts that I could buy with the Rs. 500 acquired through the lie would not be able to deliver their comfort because of guilt and split. Guilt comes because I have a half-value for truth which, when I ignore it, is sufficient to create a problem for me. Split comes because I know I am obliged to tell the truth, and I am doing something else. Once I have guilt - once I am split, I cannot have a comfortable self.

For comforts to be enjoyed, I must be there to enjoy them; when I am split with guilt, I am rarely anywhere but with my anxieties, regrets and guilts. Not recognising the problem for what it is, I seek more comforts to ease my uncomfortable mind; or, I try to find some method for turning off this conflicting mind and its brood of guilts. Thus, it is that when I tell a lie, I add to the discomfort of myself when what I am trying to gain by the lie is to add to

the comfort of myself. This is true of any choice I make which conflicts with a universal ethical standard. The sought-for comfort, prompting



the conflicting choice, cannot be enjoyed due to guilt and split arising from the conflict. When I clearly see this fact, I will see the value to me of applying universal ethical standards to myself. My half-value for universal values will become full value.

### Life Expression Comes from Value Structure

The expression of my life is just the expression of my well assimilated value structure. What I

do is but an expression of what is valuable to me. Other people's values I follow from time to time when it is convenient; but, if these values of others have not been assimilated by me, they are simply obligatory values and do not reflect my value structure. They are more a source of conflict than a norm for behaviour and are always susceptible to compromise. Only assimilated values are my personal values. Assimilated values reflect what is valuable to me. An assimilated personal value requires no choice on my part. When I want certain unassimilated values to become part of my value Structure, I must exercise deliberation in following them until I am convinced of their value to me - then their observation will become spontaneous for me. For the expression of a value to become spontaneous for me, I must see its value in my personal life.

Paying lip service to obligatory values is no more useful than the chorus of parrots in a tree, who were singing out "Be careful of the hunter's net!" A wise old parrot had seen the hunter coming and had called out the warning. But the silly flock did not look at the ground to spot the hunter - to understand the fact of the situation - to establish a personal content for the words they had heard from the old bird. Instead, they continued to sit happily on the branches of the tree repeating the words which were empty of any real meaning for them: "Be careful of the hunter's net!" Even after the net had descended



## Festival of the Month - Navarātri



Among the popular festivals celebrated in India, Navaratri is among the longest. Like the other festivals of India, Navaratri is rich in meaning. At one level, Navaratri signifies the progress of a spiritual aspirant. During this spiritual journey, the aspirant has to pass three stages personified by Durga, Lakshmi and Saraswati. Then, he or she enters into the realm of the infinite, wherein one realises one's Self. Navaratri, which literally means 'nine nights,' dedicates three days each to worshipping the Divine in the forms of Durga, Lakshmi and Saraswati. The tenth day, though, is the most important; it is known as Vijayadashami, the 'tenth day of victory.'

The reason behind the worshipping of Durga, Lakshmi and Saraswati lies rooted in the philosophy that the attributeless absolute can only be known through the world of attributes—the journey is from the known to the unknown. Hence it is said that Shiva, who symbolises pure consciousness, can only be known through Shakti, who represents divine energy. That is why people worship Shakti, also known as Devi, in Her various manifestations.

### Inner Meaning of Navaratri Worship

The different stages of spiritual progress are reflected in the sequence of celebrations during Navaratri. During the first three days, Durga is worshipped. She personifies that aspect of Shakti which destroys our negative tendencies. The process of trying to control our senses is akin to a war for the mind which resists all attempts at control. So the stories in the Puranas

symbolically depict Devi in the form of Durga as waging war and destroying the asuras.

However, getting temporary relief from the clutches of vasanas does not guarantee permanent liberation from them. The seeds of the vasanas will remain within in latent form. Therefore, we should supplant them with positive qualities. The Bhagavad Gita refers to these qualities as *Daivi-sampad*, literally "Divine wealth". Correspondingly, we worship Lakshmi during the next three days. Lakshmi is not just the giver of gross wealth or prosperity; She is the Mother who gives according to the needs of Her children.

Only one endowed with *Daivi-sampad* is fit to receive the knowledge of the Supreme. Accordingly, the last three days of Navaratri are dedicated to worshipping Saraswati, the embodiment of Knowledge. She is depicted as wearing a pure-white sari, which symbolises the illumination of the Supreme Truth.

The tenth day is Vijaya Dashami, or the festival of victory, symbolising the moment when Truth dawns within.

Thus, the significance of each stage of worship has clear parallels in the different stages of sadhana (spiritual practices): first, negative tendencies need to be controlled; second, virtues need to be ingrained; third, after gaining the necessary mental purity, spiritual knowledge needs to be acquired. Only then will the *Sādhaka* (spiritual aspirant) attain spiritual illumination. It is significant that Vijaya Dashami is considered auspicious for mantra

initiation; advanced spiritual aspirants are also initiated into *Sanyāsa* on this day.

### Significance of Navaratri

Navaratri is not only significant for spiritual aspirants; it has a message for those who lead a worldly life as well. They should invoke Durga's help to surmount obstacles, pray to Lakshmi to bestow peace and prosperity, and contemplate upon Saraswati in order to gain knowledge. These three ingredients are just as necessary for a full and complete worldly life. In reality, when we pray like this, we are invoking the Shakti that is within ourselves. Durga, Lakshmi and Saraswati are not different entities, but different facets of the singular Divinity.

Some of the spiritual practices associated with Navaratri include fasting, japa, recitation of sacred texts including the Devi Mahatmya, Sri Lalita Sahasranama and the Durga Saptashati. This year Navaratri will be celebrated between **7th October and 15th October 2021**.

*Yoga Vidya Group wishes everyone a very happy and blessed Navaratri.*



## The Value of Values (Contd.)

upon them, they wriggled and squirmed, caught in its web, screeching: "Be careful of the hunter's net!"

When I claim as my standards values in which I fail to see any personal gain for myself, I am in as risky a position, so far as expressing those values, as were the parrots in the tree,

Based on the book "The Value of Values" by Pujya Swami Dayananda Saraswati

who mindlessly repeated the warning. Enjoined or obligatory values will become assimilated, personal values only when I see their value for me clearly and assimilate these values in terms of knowledge.

For the person with assimilated ethical values, life becomes very simple. No conflicts cloud his

mind. For him, the teaching of Vedanta is like the meeting of gas and fire. Knowledge ignites in a flash.



Dear Readers, this section is aimed at a simple and refreshing way to learn and recollect some of the interesting aspects of 'Hinduism' through a series of 10 trivia questions covering diverse aspects of the religion such as Philosophy, Religious Literature & Puranas to name a few.

1. In which of his Divine *avatāras* did Lord Vishnu slay the demon King Hiranyakashipu and his brother Hiranyaksha respectively?

- (a) *Matsya* & *Kūrma* (b) *Parasurāma* & *Nṛsimha*  
(c) *Nṛsimha* & *Rāma* (d) *Varāha* & *Nṛsimha*

2. As per 'Varnashrama' Dharma, which stage is dedicated to Adhyayana (Practice) or Discipline?

- (a) *Gṛhastha* (b) *Vānaprastha*  
(c) *Brahmacarya* (d) *Sanyāsa*

3. "Associating yourself with someone/something and developing a notion that this is you" is called \_\_\_\_\_?

- (a) *Cintā* (b) *śoka*  
(c) *Bhokṛtvam* (d) *abhimāna*

4. Which is that aspect in a Jiiva, that connects the triangular nodes "Vasana - Chintna - Kriya" of the body-mind complex ?

- (a) *Kāma* (Desire) (b) *ahaṅkāra* (Arrogance)  
(c) *Krodha* (Anger) (d) *Lobha* (Greed)

5. Which divine Hindu festival marks the beginning of a good spring harvest (OR) triumph of Prahladha's devotion of Vishnu over his father Hiranyakashipu (OR) the restoration of Kama Deva by Lord Shiva out of compassion?

- (a) Holi (b) Deepavali  
(c) Vaikunta Ekadasi (d) Mahasivarathri

6. Which 'Gothra' is associated with the five rishi's Bhargava, Chyavana, Apnavana, Aurva, Jamadagni?

- (a) Sandilya (b) Baradwaja  
(c) Srivatsa (d) Kashayapa

7. Which one of these siddhapurusha's, advocated the concept of worshipping the flame of a lighted lamp as a symbol of the eternal power i.e God (Arutperum Jothi)?

- (a) Vallalar (b) Pamban Swamigal  
(c) Paramahansa Yoganana (d) Ramana Maharishi



8. Which spiritual teacher in the Americas took up walking and did that for 28 years to communicate the message of meaningful way of life with Love and Peace?

- (a) Eknath Easwaran (b) Peace Pilgrim  
(c) Julia butterfly hill (d) Swamy Radhanath (ISKCON)

9. In the great epic Ramayana, Ravana's brother Indrajith was slayed by \_\_\_\_\_ and why?

- (a) Rama as he only had the divine weapon needed to kill him  
(b) Lakshmana as Indrajith had a boon of being killed by someone who had not slept for 14 years  
(c) Hanuman as Indrajith had a curse of being killed by a monkey God  
(d) Ravana himself as he disobeyed his orders in support of Rama and his clan

10. The 'Guru' dakshina which Dronacharya asked Ekalavya in return was \_\_\_\_\_?

- (a) Serve him as his Sishya (b) Right leg  
(c) Left Thumb (d) Right Thumb

For answers please look into the last page of this edition!!!

Compiled by Karthik Ganesan

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## Ana Cernat

Banker, Yoga Practitioner

Core Member - Yoga Vidya Romania

### How did you get introduced to Yoga and Vedanta?

Both my father and mother practiced Yoga since the time I was a child. Especially my father was doing advanced *āsanās*, *Prāṇāyāma* and meditation. While my father passed away 3 years ago, my mother still starts her day at sunrise with Suryanamaskara and some meditation, leading a very disciplined life.

In my view, going through tough times in life, is a blessing and offers us opportunities to grow. While overwhelmed with work stress and raising my child, who is now a teenager, I decided that my attitude towards the world should change, rather than me trying to change the world around me.

So I got in contact with my Yoga teacher on the internet and started learning Yoga. I visited Swami Ananda Saraswati, our Teacher, for the first time in Chennai, attending the first Vedanta classes there. Meeting Swamiji was a turning point in my life. I understood that *āsanās* and *Prāṇāyāma* are not the end, but just the beginning of a lifetime journey. I also realise how blessed I am to find a Teacher like Swamiji and receive his grace.

### When and how did you first come to know about Yoga Vidya Gurukulam?

I was blessed to be present at the inauguration of YVG Uttarkashi ashram. The first journey to Uttarkashi brought the powerful energy of that place built on the

banks of the sacred Ganga river, and amidst the magnificent Himalayan mountains. That same year I came to India a second time for a Yoga and Vedanta retreat, getting access to knowledge that is very deep and meaningful, taught by Swamiji.

### How do you manage your personal, professional and yogic life?

I play many roles in my life. Swamiji's teachings have helping me understand that I should not identify myself with these roles, and instead just play the role to my best abilities. As a mother of a teenager, I am trying to keep close to my son and understand him, inspire him; as a Bank manager, I keep my staff close applying the teaching, and guiding them as a coach, to become mindful workers or managers. I am trying to apply Yogic principles in everything I do, in all my relationships, and I am striving to lead a disciplined Yogic life. I am also trying to bring more people to discover Yoga, kindling their desire to visit India, Uttarkashi, and learn Vedanta.



### Please share with us the initiatives you have taken in Romania.

We have been fortunate to have Swamiji in Romania several times, for Yoga talks and retreats. Swamiji has been instrumental in helping us setup and promote Yoga Vidya Romania. We have printed the first Yoga book on *āsanās* and *Prāṇāyāma*, translated in Romania, and the first one on meditation. We had organised two special retreats in Romania, studying Vedantic texts and Yoga and several talks, satsangs on various meaningful topics.

### What have been the outcomes of your initiatives in Romania?

I hope that we managed to increase

awareness on traditional Yoga as discipline and the value of Vedanta. There are many schools, Yoga instructors emphasizing either the physical part – *āsanās*, or meditation, without connecting the dots or bringing clarity on the final goal. Traditional Yoga teaching in Europe is as rare as a diamond among ordinary shiny glass crystals. Our followers have understood this and participate in every online teaching event that Swamiji brings to us. Our community is still small, but growing.

### What are your future plans in Romania with reference to Yoga and Vedanta?

Yoga Vidya Romania is re-organizing itself under a new leadership soon. Our strategy is to bring more value to the Romanian audience, while keeping closer to the sister organizations in India and Italy. We are looking at organizing our first Yoga TTC event next year and *Prāṇāyāma* workshops, with Swamiji's participation. We also plan to print a number of books on Vedic texts and Swamiji's talks. We also hope that the pandemic situation will allow us to bring more Romanian people to India for teaching and connecting with the energy of its sacred places.

### Share us about your travel experiences to India.

I visited India multiple times on business trips. After being acquainted with Swamiji, every time I landed in Delhi or Chennai I was overwhelmed by a strong feeling of coming home. I was blessed to visit the magnificent old Hindu temples in Orissa. I took a trip together with my son and fellow Romanians to mother Ganga's spring at Gaumukh glacier in the Himalayas. I enjoyed peaceful sunrises and sunsets by the Ganga in Rishikesh and Gangotri. I miss India, Uttarkashi, and hope to be there soon again.

*Namaste*





तस्य सञ्जनयन्हर्षं कुरुवृद्धः पितामहः ।

सिंहनादं विनद्योच्चैः शङ्खं दध्मौ प्रतापवान् ॥ १२ ॥

*tasya sañjanayanharṣam kuruvṛddhaḥ pitāmahaḥ.*

*siṃhanādaṃ vinadyoccaiḥ śaṅkhaṃ dadhmau pratāpavān..12..*

**Chapter I**

ततः श्वेतैर्हयैर्युक्ते महति स्यन्दने स्थितौ ।

माधवः पाण्डवश्चैव दिव्यौ शङ्खौ प्रदध्मतुः ॥ १४ ॥

*tataḥ śvetairhayairyukte mahati syandane sthitau.*

*mādhavaḥ pāṇḍavaścaiva divyau śaṅkhau pradadhmatuḥ..14..*



Duryodhana says to all the subordinates that you all need to work for the cause, i.e. to protect Bhishma. As long as Bhishma is protected you all are indirectly protected.

When Duryodhana asked subordinates to take care of Bhishma, now Bhishma became very happy. As the Army chief of Kauravas in the war, he blew the conch in order to make Duryodhana happy. However, it is to be noted that Duryodhana didn't ask Bhishma to blow the conch.

In any organisation, as a rule, never ever become close to your subordinates. For example, in India, drivers are the most dangerous people in a company. Whenever the officer travels in a car, the driver listens to the officer and knows everything about the officer such as where he travels, whom he talks to and what's the mood of the officer. The driver's job is nothing but just to gossip with others. The officer, at any cost, must maintain a distance with the driver. You can buy your subordinates a breakfast. But you should not have it with them together.

When you are sharing you have to understand whether the opposite person is reciprocating or not. If they don't reciprocate or appreciate then and there, which means you have not played your role properly. You need to be very clear about the purpose, whenever you are sharing your time. Never ever share time with one person or only with your next

subordinate. Never ask anything to your subordinate directly. You have to create the situation in such a way that they will have no other goal other than executing. When you convert 'your' mission into 'our' mission you become a leader. When Bhishma started to blow the conch, everybody started giving signals to Duryodhana that it's not only you, we all are with you in the Mahabharatha war and its not only your mission, it's our mission.

Every action has an equal and opposite reaction. When you are very aggressive to capture the market share, definitely your competitor also has to be very aggressive.

There are two methods in marketing - Common marketing people say 'take over the competitor's Market'. The great marketing people say 'create the Market'. If you are able to create the market, you will always be growing, whereas if you take over other people's marketing ideas, you may be successful for sometime but in the long run you will not be able to sustain in the market.

In short, you have to be very careful and watchful if you are working in an organization. If your immediate subordinate manages to find out your weakness and tries to manipulate your weakness, you will become completely helpless in front of that person.

Compiled by Krithika Sanjeevi

**Swamiji with kids - Kanya Puja - Navaratri 2020**



**Answers to Our 'Hinduism' & 'Mythology' - Trivia**

1. (d) 2. (c) 3. (d) 4. (b) 5. (a)  
6. (c) 7. (a) 8. (b) 9. (b) 10. (d)

